



Disc 1, Part 3: Supplementary Material for Pronunciation: The “Hakalama”

Following is a modified “hakalama” Hawaiian pronunciation exercise, which is based on the consonant set H, K, L, M, N, P, W, and ‘okina that you learned at the start of this disc. Mastery of this exercise will help you immensely in being able to read, write, hear, and pronounce the Hawaiian language. That said, when you have some time, write the sounds down in table-form while listening to this disc. You should listen to this enough during your studies of these discs that you can say them and write them down from memory.

You will hear each set of eight word sounds first, and then you will be given time to repeat the eight sounds. For example, when I say, “Ha ka la ma na pa wa ‘a”, you follow it by saying “ha ka la ma na pa wa ‘a” Most of the sounds in these hakalama tables are actually complete words, but some are just nonsensical soundings used for completeness in the exercises.

One last word of advice: these tables can seem long and complex. You should probably not expect to master them immediately, but rather, over an extended period of time as you study Hawaiian. Come back to these lessons periodically as you go through the rest of the course.

Ready? Ho‘omākaukau!

ha	ka	la	ma	na	pa	wa	‘ā
he	ke	le	me	ne	pe	we	‘ē
hi	ki	li	mi	ni	pi	wi	‘ī
ho	ko	lo	mo	no	po	wo	‘ō
hu	ku	lu	mu	nu	pu	wu	‘ū

hā	kā	lā	mā	nā	pā	wā	-‘ā
ha‘a	ka‘a	la‘a	ma‘a	na‘a	pa‘a	wa‘a	‘a‘a
hae	kae	lae	mae	nae	pae	wae	‘ae
ha‘e	ka‘e	la‘e	ma‘e	na‘e	pa‘e	wa‘e	a‘e
hai	kai	lai	mai	nai	pai	wai	‘ai
ha‘i	ka‘i	la‘i	ma‘i	na‘i	pa‘i	wa‘i	a‘i
hao	kao	lao	mao	nao	pao	wao	‘ao
ha‘o	ka‘o	la‘o	ma‘o	na‘o	pa‘o	wa‘o	a‘o
hau	kau	lau	mau	nau	pau	wau	‘au
ha‘u	ka‘u	la‘u	ma‘u	na‘u	pa‘u	wa‘u	a‘u

hea	kea	lea	mea	nea	pea	wea	‘ea
he‘a	ke‘a	le‘a	me‘a	ne‘a	pe‘a	we‘a	e‘a
hē	kē	lē	mē	nē	pē	wē	‘ē
he‘e	ke‘e	le‘e	me‘e	ne‘e	pe‘e	we‘e	‘e‘e
hei	kei	lei	mei	nei	pei	wei	‘ei
he‘i	ke‘i	le‘i	me‘i	ne‘i	pe‘i	we‘i	e‘i
heo	keo	leo	meo	neo	peo	weo	‘eo
he‘o	ke‘o	le‘o	me‘o	ne‘o	pe‘o	we‘o	e‘o
heu	keu	leu	meu	neu	peu	weu	‘eu
he‘u	ke‘u	le‘u	me‘u	ne‘u	pe‘u	we‘u	e‘u

hia	kia	lia	mia	nia	pia	wia	‘ia
hi‘a	ki‘a	li‘a	mi‘a	ni‘a	pi‘a	wi‘a	i‘a
hie	kie	lie	mie	nie	pie	wie	‘ie
hi‘e	ki‘e	li‘e	mi‘e	ni‘e	pi‘e	wi‘e	‘i‘e
hī	kī	lī	mī	nī	pī	wī	‘ī
hi‘i	ki‘i	li‘i	mi‘i	ni‘i	pi‘i	wi‘i	‘i‘i
hio	kio	lio	mio	nio	pio	wio	‘io
hi‘o	ki‘o	li‘o	mi‘o	ni‘o	pi‘o	wi‘o	i‘o
hiu	kiu	liu	miu	niu	piu	wiu	‘iu
hi‘u	ki‘u	li‘u	mi‘u	ni‘u	pi‘u	wi‘u	i‘u

hoa	koa	loa	moa	noa	poa	woa	‘oa
ho‘a	ko‘a	lo‘a	mo‘a	no‘a	po‘a	wo‘a	o‘a
hoe	koe	loe	moe	noe	poe	woe	‘oe
ho‘e	ko‘e	lo‘e	mo‘e	no‘e	po‘e	wo‘e	o‘e
hoi	koi	loi	moi	noi	poi	woi	‘oi
ho‘i	ko‘i	lo‘i	mo‘i	no‘i	po‘i	wo‘i	o‘i
hō	kō	lō	mō	nō	pō	wō	‘ō
ho‘o	ko‘o	lo‘o	mo‘o	no‘o	po‘o	wo‘o	‘o‘o
hou	kou	lou	mou	nou	pou	wou	‘ou
ho‘u	ko‘u	lo‘u	mo‘u	no‘u	po‘u	wo‘u	o‘u

hua	kua	lua	mua	nua	pua	wua	‘ua
hu‘a	ku‘a	lu‘a	mu‘a	nu‘a	pu‘a	wu‘a	u‘a
hue	kue	lue	mue	nue	pue	wue	‘ue
hu‘e	ku‘e	lu‘e	mu‘e	nu‘e	pu‘e	wu‘e	u‘e
hui	kui	lui	mui	nui	pui	wui	‘ui
hu‘i	ku‘i	lu‘i	mu‘i	nu‘i	pu‘i	wu‘i	u‘i
huo	kuo	luo	muo	nuo	puo	wuo	‘uo
hu‘o	ku‘o	lu‘o	mu‘o	nu‘o	pu‘o	wu‘o	u‘o
hū	kū	lū	mū	nū	pū	wū	‘ū
h	k	l	m	n	p	w	u